



Golden Grove High School

WELL-BEING POLICY

Context: Our Well-being policy supports our school improvement priority 3 “**Optimum Staff and Student Well-being**”

We Believe

- Well-being is central to learning and learning is central to well-being. Student well-being and success are strongly intertwined
- Educators make a positive contribution to learner well-being
- Well-being is built on the strengths of staff, caregivers, students and communities working together

At Golden Grove High School we aim for students and staff to develop their talents, skills and capacity to be the best they can. Together as a learning community we strive to provide a safe, caring and supportive environment that ensures “success for all”.

Our focus on achieving optimum student and staff well-being encompasses the understanding and development of attitudes and behaviours toward learning that support students in being successful. We will develop strong learning partnerships and community links that ensure our learning spaces and conditions are welcoming, caring and positive.

Underpinning our beliefs in achieving optimal well-being are our core values. At Golden Grove High School we have adopted and implemented our iCARE principles. Our values apply to all in our school community and highlight the importance we place on identity, achievement, excellence, respect and caring for ourselves and others.

Golden Grove High School’s iCARE values are:

Identity: recognising who we are and our valued place in our society

Care: for property and all members in our school and wider community

Achievement: making the most of opportunities that arise to do our best

Respect: towards all members of our school community, our systems & processes and the environment we live in.

Excellence: aiming to do the best we can

We believe that these values support the 5 dimensions or components of well-being (physical, social, spiritual, cognitive and emotional) and that when embraced by the school community will result in positive relationships that are respectful and caring. Through positive relationships, learners will engage with others, participate, be inquisitive, seek help, take responsible risks and be reassured of their abilities and worth.

At Golden Grove High School we understand that positive well-being includes being optimistic and engaged with life. It means having a sense of purpose, self-acceptance and positive relationships with people around us.

Well-being is built on the strength of staff, students and families learning and working in a cooperative and respectful way. To achieve this we will engage our school community in sharing and demonstrating our iCARE values. Students need to be positive about their schooling and particularly the learning conditions connecting them to their learning in order to develop the resilience and optimism to successfully meet the challenges of school and life.