

# Wellbeing



## STUDENT WELLBEING SUPPORT

At Golden Grove High School, we are committed to supporting the wellbeing of all our students both inside and outside of the classroom. By providing both individualised, targeted wellbeing services and year level specific wellbeing programs, we ensure students are developing the tools they need to be successful learners. Our wellbeing strategic plan helps to guide our whole school improvement of student wellbeing, it operates in the context of the DfE Learner Wellbeing Framework, GGHS Thriving Learner Framework and adheres to our school values: Respect, Equality, Pride, Integrity and Resilience.

To support your child throughout their High School journey, we have a multidisciplinary team. The team consists of three Student Wellbeing Leaders, a Defence Mentor, a Pastoral Care Worker and Psychologists (one day a fortnight) led by the Assistant Principal of Student Wellbeing.

### THE WELLBEING TEAM OFFERS A RANGE OF SERVICES TO STUDENTS INCLUDING:

- Managing relationships with family, teachers and peers
- Advocacy for students
- Support to manage wellbeing issues
- Curriculum and career pathways advice
- Information and referrals to other support agencies
- Support to encourage attendance and engagement with their learning
- Organisation and study skills
- Spiritual guidance

## ADDITIONAL SUPPORT STUDENTS – REACHING POTENTIAL PSYCHOLOGY

The Golden Grove High School Wellbeing Team have a long term partnership with Reaching Potential Psychology that provides our students with access to a free clinical mental health service, on site, through The Hub.

Students with a Mental Health Care Plan (MHCP) referral may access 10 sessions per year with our psychologists, bulk billed, under Medicare, the National Disability Insurance Scheme (NDIS) and the Department of Child Protection.

## ADDITIONAL SUPPORT PARENTS – SCHOOLTIV

It has never been more challenging for parents to negotiate the modern-day realities faced by schools and parents in raising safe, happy and resilient young people.

SchoolTV is a new wellbeing platform, with ongoing resources, that is now available to our par-ents. It simplifies access to credible, sound information while providing realistic and practical strategies.

You can access SchoolTV on our website.

## FOR ANY QUERIES OR TO ACCESS THE GGHS WELLBEING SERVICES PLEASE CONTACT:

E: [dl.1834.wellbeing@schools.sa.edu.au](mailto:dl.1834.wellbeing@schools.sa.edu.au)



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## OUR WELLBEING TEAM:



**Kristy Power**  
Assistant Principal  
Student Wellbeing



**Liam Davis**  
Wellbeing Leader



**Belinda Noack**  
Wellbeing Leader



**Christina Henriksson**  
Wellbeing Leader



**Linda DeBoer**  
Defence Mentor



**Mat O'Brien**  
Pastoral Care Worker