

## 2015

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Government  
of South Australia

Department for Education  
and Child Development



## Principal's Column

Paul Wilson | Principal

Dear Parents / Caregivers,  
I thought that for my column this newsletter, I would share this advice concerning well-being from Child Psychologist Andrew Fuller. Student well-being is very important to us as we know that if our kids are not feeling good about themselves then they are probably not learning. If you have any concerns about your son or daughter's well-being then please don't hesitate to contact us. Our student counsellors are always available to support families with issues regarding the well-being of their children.

### Depression Proofing your kids

About 20% of people experience depression at some time in their lives. That means that almost every family has someone with some times of depression. While we can't guarantee that we can protect everyone from depression, there are things that we can do to make it less likely.

### Sadness is not always bad

Everyone loves being happy but being sad at times is not such a bad thing. Sadness gives us time for thinking things over, sometimes regretting things we have done and helps us to resolve to be better people. Feelings of sadness, disappointment and set backs are part of human lives and without them we don't live whole lives. We all want our kids to be happy but know that there will be times when they will be sad. Helping young people to know that they won't be happy all the time is important. Realising that all feelings pass and that we can learn from the whole range of feelings, sadness included, is part of being human.

### Lower the amount of stress

Try to identify some of the major sources of stress in your life and develop systems to deal with them. If you can't avoid the stressful situations at least develop a de-compression strategy. This is a way of winding ourselves down after being revved up. Going for a walk, doing some exercise and being active are some of the best ways.

### Find some good friends

Friends are a treasure. Along with family,

having a few good friends that we can talk things over with enriches our lives and protects us in difficult times.

### Eat healthily

What we eat changes our moods. For example, countries that eat low levels of fish have higher levels of depression. Fish contains a fatty acid known as EPA, which is lacking in those with depression. Fatty acids are also found in flaxseed, walnuts and chia seeds and are good fats.

These are the good fats so if you are hesitant about eating them don't be. Whole grain oats have been shown to help with depression as they have folic acid and B vitamins and helps with a slow release of energy versus the crash and burn of blood sugar levels that can happen. Foods high in selenium which is found in meat, fish and cereal grains has also been shown to decrease symptoms of depression. Leafy greens have magnesium in them which helps with depression and helps with sleep patterns.

### Have some sources of "Flow"

We experience "flow" when we get involved in an activity that captivates us. At the end of these types of activities people often think, "Where did the time go?" There are many sources of flow – computer games, sports, drawing, dancing, reading, swimming and surfing are some. These are the things that you do that absorb you and take you away from your day to day cares and worries. Losing yourself in a few pleasurable activities that challenge you is highly protective against depression.

### Belong to the karma club

Decide to increase good will in the world by doing something positive for someone else. Try this out for one week. Pick someone you know and try to "knock their socks off" as much as possible. Give them compliments, greet them exuberantly and take time to be with them. You'll be amazed at how much benefit you get from increasing someone else's happiness.

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**Get enough sleep and rest**

Getting enough sleep is one of the most powerful ways we can protect ourselves against depression. The structures in the brain that support the most powerful anti-depressant, serotonin, are built and re-built between the sixth and the eighth hour of sleep. If you are having difficulty sleeping:

- decrease caffeine consumption late in the day
- decrease sugar in your diet
- go to bed at the same time every day and wakeup at the same time every day.
- avoid late nights
- avoid naps especially after 4pm
- avoid spicy, sugary or heavy foods before bedtime
- have the room at a comfortable temperature (some kids want to heat up the room and sweat the night away)
- block out distracting noise
- don't sit in bed while studying get in the habit of reserving it for sleep
- warm milk before bed is good as it is high in tryptophan, which aids sleep.
- try relaxation methods before sleeping
- write out a to-do list for the next day before getting into bed.
- have a pre-sleep ritual e.g. reading or warm bath
- switch off the electronics especially phones

**Get some exercise**

Exercise decreases stress hormones such as cortisol and increases endorphins (happy chemicals). Exercise also helps release dopamine, adrenaline and serotonin, which work together to make you feel good. Endorphins are a hormone like substance, produced in the brain and function as the body's natural painkillers. During exercise endorphins can leave you in a state of euphoria with a sense of wellbeing. The most effective type of exercise for the release of endorphins is cardiovascular

exercise and aerobics. Moderate exercise for 10 minutes a day is enough to improve your mood and increase energy but it is suggested that you do 30 minutes per day.

**Laugh more**

Laughter raises our levels of serotonin and dopamine. Make a point of watching TV shows or movies that make you laugh. Share funny stories and jokes with friends. People report that laughing even when they don't feel happy improves their mood and sense of well-being.

**Checklist of Signs: When should I worry?**

In the childhood and teenage years depression can be harder to pick because it is obscured by heightened emotions and times of grumpiness.

Some signs of depression are:

- Loss of interest in usual activities - their get up and go, has got up & gone
- Increased use of drugs and alcohol
- Sleep problems
- Changes in energy levels – either sluggish or agitated and restless
- Changes in eating patterns - either disinterested in food or over eating
- Speaking about death and hopelessness
- Increased and inexplicable irritability.
- Your own feelings of anxiety about your child.

The role of the counselling team at our school is to support the well-being of all our students. The Access Centre is a place where students can go to and seek support relating to personal, relationship, career and learning issues. Please feel free to contact us at any time on 82826400 if you have any concerns.

Paul Wilson  
Principal



## **STAGE 2 LAW SOCIETY MOCK TRIAL COMPETITION**

The Law Society of Adelaide has run a Mock Trial Competition for High School students since 1988. This competition is open to teams of Year 10, 11 & 12 students, requiring 7 students per team to compete. Schools are allocated a mock case two weeks prior to the trial date, when they are informed if they will be representing the prosecution or the defence. Each team is required to build their case collaboratively, focusing on the rules of evidence, the legal process and strategies for questioning that can result in a win for the case. Students face a Magistrate Judge who adjudicates and judges each individual participant, securing points for content, method and address. The first three rounds are round robin, then moving into knockout for the final rounds of competition.

Golden Grove High School is represented by a selection of Stage 2 students from Mrs Zwarts' Legal Studies class as an extension to their learning. In their first round, the GGHS legal team faced Cedar College as the defence for an individual accused of Serious Criminal Trespass and Theft. The trial was a fantastic first run full of nerves and excitement, aggressive cross-examination that had the opponent on their toes and an entertaining closing address. The first round was a successful draw for both teams because they both displayed great skills for the opening of the competition.

The next round will be part of Law Week on the 12th May, with the students having the opportunity to conduct their trial at the District Court of South Australia. We wish the team the best of luck!

Sarah Zwarts  
Humanities Teacher

## **SPECIAL OLYMPICS SWIMMING CARNIVAL**

On Friday 27th March the Senior Unit Class headed down to University of SA Magill campus Swimming Pool to compete in the Special Olympics Swimming Carnival. To start the day off Chelsea Porter was selected to read the athletes oath which was a huge honor for both her and the school. Throughout the day we competed against 5 other schools in a variety of short course events. We had results from 1st to 8th throughout the day but overall had an extremely successful day with all students winning a medal by the end of competition. Some of our students had extremely impressive results and I would like to make special mention of the following students: Jesse Stagg competed in and won all of his 5 events. Jayden Henneker competed in 3 events and achieved two 1st places and a 3rd. Aiden Morris competed in 3 events and achieved two 1sts and a 2nd. Alex Gowling competed in 4 events and achieved a 1st, and three 2nds. Harlem Wright competed in 3 events and achieved a 1st and two 2nds. We would like to say a massive congratulations to all students who participated.

Anna Dunn and Julie Dawson  
Senior Unit Teachers





## SPORTS DAY 2015

The annual school Sports Day was held on Friday, 6th March and was very well supported with over 1000 students attending the day. The weather was perfect with a mix of cloud, bright sun and light winds.

The House System has continued to be well received by staff and students and resulted in great colour and a fantastic atmosphere. The students approached their House area to "Chariots of Fire", classic theme music from the 80's hit movie. The day was officially opened to a rousing cheer from the 1000+ students and staff. With the starting of the first event, Gleeson oval was awash in a sea of blue, green, red and gold.

Sports Day is the only "whole school" event on the school calendar. The staff group work hard to make the day as enjoyable as possible. The colourful costumes add to the excitement of the day, this year was no different with the Hulk, Sponge Bob Square pants, Superwoman, a range of "Onesies" and several celebrities! A feature of the day is always the creativity shown by students, participants and spectators – again we were impressed with how far students were prepared to go to support this.

The climax is always the tug-of-war and relays, this year was no different. The standard of athletics competition was strong, with several new records being set on the day. The team games were also very well supported with the tug-of-war grand finals being the highlight of this event and well led by Mr Stan Heeps.

I would like to acknowledge the support of all staff that contributed to the day and would like to make special mention of the fantastic work undertaken by the 32 House Captains, both during House meetings and on the day itself.

The final placing for the four Houses was as follows:

Stevens	1128 points
Milne	1107 points
Tilley	1084 points
Robertson	869 points

Congratulations to the following students who either set new records or were awarded the Year Level Champion Medallion for their outstanding efforts in the athletic events.

### New Individual Record Holders

Year 12	Boys 200m	25.22's	Brodie Cunningham
Year 10	Girls 1500m	6 mins 28's	Kasey Cummings
Year 8	Boys Shot Put	13.2 m	Bailey Dickenson
	Girls Shot Put	9.83 m	Jazmine Noye
	Boys Discus	30.78 m	Tate Wilkinson

### Year Level Champions

#### BOYS

YEAR 8	Bailey Dickenson (Milne) – 20 points
YEAR 9	Tyson Paul (Milne) – 30 points
YEAR 10	Jacob Mail (Stevens) – 36 points
YEAR 11	Harrison Hunt (Stevens) – 30 points
YEAR 12	Matt Herrmann (Tilley) – 18 points

#### GIRLS

Jazmine Noye (Stevens) – 37 points
Mackenzie Hunt (Stevens) – 27 points
Kasey Cummings (Stevens) – 36 points
Maya Lange (Milne) – 35 points
Jamee Faraonio (Tilley) – 42 points

Mr Sward, the Health and PE coordinator was quoted "Our sports day was another very successful whole school event. It was great to see Stevens winning their first Sports Day shield."

Tim Potter  
PE Sports Leader



## CRICKET SUCCESS FOR GOLDEN GROVE

For some it was the culmination of 5 years of cricket representation for Golden Grove High School. This year's Open Knockout Cricket competition provided the ultimate send off for the Year 12 students playing in the team.

The team played off against Modbury High School in the Northern Metro Zone Grand Final on the turf wicket at Park 25 off West Terrace. Modbury posted a modest 131 which we chased down in 29 overs. Ethan Dawson made a solid 47 with the bat and Matt Herrmann a quick fire 20. In the bowling Zac Worden turned the ball well taking 3 for 27, at one stage being on a hat trick and Liam McCabe, Matt Herrmann and Cory Herrmann all contributed with 2 wickets a piece.

The campaign to the final was long and provided some great highlights along the way. The team knocked over St Columba, Banksia Park and St Patricks Technical College. Matt Herrmann posted a record breaking score of 162 against St Columba while Ethan Dawson made a 50 and Liam McCabe took a 5 wicket haul against St Pats. The year also saw the debut of two younger players in Zac Worden and Ben Durrant who have promising cricket careers ahead of them at Golden Grove High School.

The Grand Final team consisted of (from back left) Ethan Dawson, Hamish McCabe, Matt Herrmann, Adam Whitehead, Liam Salter, Alex Gowling, Shae Dinunzio, Daniel Abraham, Lachlan Goulter, Zac Worden, Cory Herrmann, James McElhinney and Liam McCabe.

Well done boys! You have made the school proud.

Michael Foot (Coach)  
PE Teacher

## STAGE 2 PHYSICAL EDUCATION WEST LAKES AQUATICS CENTRE

The Stage 2 Physical Education classes recently attended West Lakes Aquatics Centre for three days during Week 8 of Term 1 to undertake an 18 hour unit of either Kayaking or Sailing.

The 34 students that attended were exemplary in their attitude and willingness to be actively involved in their learning and development of new skills. There were some excellent results achieved and we were also fortunate to have three beautifully sunny days.

"Aquatics" is one of three centrally-developed practical units that the Year 12 PE students study throughout the year. The instructors were very impressed by the overall commitment shown by our students.

To view the full album and videos from the three days, you can download the app QR Scanner from iTunes or the Google Play Store, then scan the below QR code with your smartphone or tablet.



Mr Hughes and Mr Sharpe  
Stage 2 Physical Education Teachers





## **FAMILY BARBECUE**



A wonderful evening was enjoyed by Parents, Staff, Special guests and students.

Unlike previous years but in accordance with our Aboriginal team vision of "Everyday learning Together" and the school iCARE values our Year 8-10 students assumed responsibility on the day for the evening's preparation.

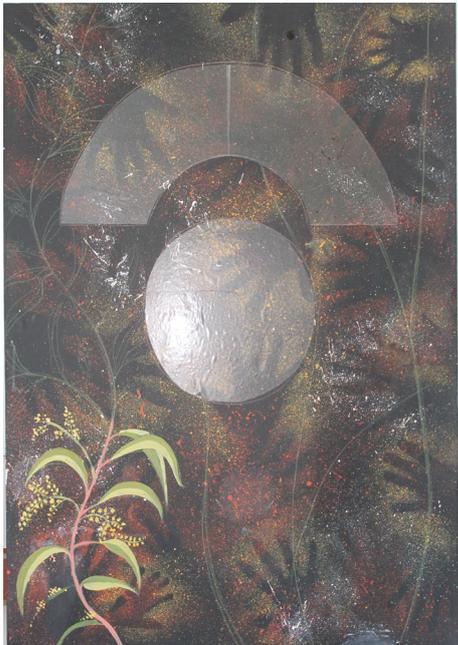
Students set up the dining room, created displays, cooked the barbeque meats and prepared the salads.

One of our students set up a canvas she is working on and invited all community members to leave their mark.

At the event students made sure everyone had food and drink and distributed free goodies given to us by the Workabout Centre.

We thank Natasha Chisholm and Leonie Hewson from the Workabout Centre, Nicola Locke from Mission Australia and the support of Murial O'Loughlin from Northern Region DECD. Thanks also to school Leadership and staff for their attendance and support.

Vikki Walkom  
Senior Leader Learner Support



## **"BLACK DIGGERS"**

With thanks to Ms Kirsty Denison the HASS Learning area leader, 6 of our students and Mr Richard Thomas were able to experience the humorous but confronting play entitled "Black Diggers"

The play intertwined the overlooked experiences of Aboriginal servicemen in the First World War with the more traditional tale of the ANZACS.

It was interesting to learn that many Indigenous diggers adopted false European names to get around the requirements of the Defence Act (which stipulated that a member of the Australian Imperial Forces must be of 'substantially European descent'). An examination of records has revealed that the actual number of Indigenous AIF was in the vicinity of 1300.

The question of what would compel Aboriginal men to enlist for the forces was examined throughout the show. The irony of native Australians signing up to invade foreign lands was examined in light of their experiences as "the invaded". A marvellous monologue was delivered as the address of a returned serviceman and explains; "war also represented that great equalising opportunity. Here at last was a chance for men to fight for their country, alongside other countrymen. In the world of warfare, where confronting death made everyone just a mere mortal, the escapade of war presented the possibility of change."

Tragically, as one by one, the cast members peter back into society, the sad realisation is that of course, not much had changed.

Many thanks to our families and students who supported this cultural education opportunity.

Vikki Walkom  
Senior Leader Learner Support





## **PARTNERS IN DANCE SALISBURY SECRET GARDEN**

On Sunday 22nd February and Monday 23rd February Miss Haines and her Year 11 Dance class participated in the Salisbury Secret Garden Fringe Event at St Jay's Recreation Centre. This event was organized by Golden Grove High School with five other dance schools in the northern district to present school dance to the local community.

There was a wide variety of dance genres on show including classical ballet, jazz, contemporary, African dance, Irish dancing and musical theatre. Golden Grove presented three complex routines that some students had learnt in just over three weeks – a remarkable effort on their behalf.

The variety in dance styles did develop a real sense of appreciation amongst the students from the various schools and with the opportunity to watch each other's performances it fostered a very positive understanding of the effort and skill required to present these items. Seeing students strengthen their performance skills with each presentation demonstrated the growth and confidence so necessary in this art form.

Sincere thanks to the wonderful effort by Miss Haines' class and from the other dance schools involved. Despite the extreme heat on the Sunday everyone danced their heart out and the audience loved it!

Mrs Young  
Senior Dance Teacher



## **CRICKET COMES TO GOLDEN GROVE**

Throughout March the South Australian Cricket Association (SACA) visited Golden Grove High School Disability Unit and conducted the in2CRICKET Skills Program.

The program focused on enhancing the cricket skills of each student in a fun environment. SACA Participation Manager, Alice Johnswood said, "We love getting out into the schools and working with the students and teachers. Our programs are designed to be fun, fast-paced and give the kids a taste of what cricket is like. Hopefully, from here the kids will transition through into one of our other programs. We have programs to cater for all ages and abilities, so there really is something for everyone."

For further information on our programs please contact Scott Houston, SACA Regional Team Leader – North East, at [shouston@saca.com.au](mailto:shouston@saca.com.au) or visit the South Australian Cricket Association website at [www.cricketsa.com.au](http://www.cricketsa.com.au)

Michael Foot  
PE / Unit Teacher

## **GOLDEN GROVE CAMPUS UNIFORM SHOP**

**8289 5564**

### **School holiday trading times**

Saturday, 18th April 2015 -	9.00am - 12.00pm
Thursday, 23rd April 2015 -	10.00am - 4.00pm
Friday, 24th April 2015 -	10.00am - 4.00pm
Saturday, 25th April 2015 -	CLOSED – Public Holiday

How to find the campus uniform shop :

From the Grove Way, turn into Adey Place. Park in the Golden Grove High School carpark. Walk towards the netball courts and turn onto the path between the courts and the green Dame Roma Mitchell building. This will lead you into the shared campus area, at the top of the path turn right and head to the area between the two buildings. We are the blue door on the left hand side. (G10) All other access gates around the schools are locked after school hours and weekends.





# INTERESTED IN FINDING OUT MORE ABOUT THE AUSTRALIAN AIR FORCE CADETS - 613 SQUADRON?

## NEXT INTAKE AND INDUCTION SESSION...

An information session will be held on 26 May 2015 from 6pm - 8pm.  
(Our next recruit course (intake) starts on the first Tuesday of Term 3, 21 Jul 2015)  
During this session you and your sponsor (normally a parent, grandparent or guardian) will be provided:

- an overview of who we are and what we can offer, be given a brief presentation of the training and commitment required
- a tour of our facilities
- the option of registering for the next course
- the opportunity to be measured for uniform if interested in joining

If you would like to attend our information session, please email (see details below) to register your interest. Please note :- to gain access to the base to attend the information evening, I will require the following details included in your e-mail to add you to a security access register.

NOTE – This is for ALL persons who require access to the base whether you have a current Defence Base Pass or not. I need these details for our recruit register and to send future correspondence to.

Details required are as follows :

### MUST HAVE

- (a) First name, Middle name & Surname (NO NICKNAMES)
- (b) Date of Birth
- (c) Place of Birth
- (d) Nationality
- (e) Address
- (f) Contact Phone number
- (g) Contact E-mail

On the night you will need to meet at the main gate car park of RAAF Base Edinburgh at 6pm. (Please note that the security access at RAAF Base Edinburgh is restricted and all persons 16 years and over must have Photo ID).

Contact details:

PO Box 48, Edinburgh SA 5111

Tel: 7383 2335 (6.00-9.30pm Tuesday during school terms )

Email: [asstadmino.613sqn@aafc.org.au](mailto:asstadmino.613sqn@aafc.org.au)

## IMPORTANT INFORMATION - UPDATING STUDENT RECORDS

Please remember to contact the school at your earliest convenience to update any personal information for you or your student if your personal details change. This includes residential and mailing addresses, telephone numbers, email address, health information and emergency contacts.

Please note if you need to update your residential address, you will need to provide proof of your new address by providing a copy of a recent gas or electricity bill with your name and residential address on it. This is a relatively new directive from the Department for Education and Child Development (DECD) for schools to change residential addresses on the department's EDSAS system.

All information is confidentially recorded and stored on the EDSAS database at the school and having current, accurate information will allow us at the school to effectively communicate with parents/guardian via telephone and written communication, including posting home end of term/semester reports.



Mr Paul Wilson  
Principal



**REMINDER ABOUT THE  
CHANGES TO THE SECONDARY  
SCHOOLS TAX FILE  
NUMBER PROGRAM IN 2015**

**How students can apply for a  
TFN from 1 January 2015**

The Australian Taxation Office in partnership with Australia Post is making it easier for individuals to apply for a TFN.

Students can now apply for a TFN online and have their identity verified through an interview at a participating Australia Post office. Applying online is the fastest and most convenient way for students to get a TFN. More information on applying online can be found at [ato.gov.au](http://ato.gov.au) by searching for 'QC27248'

Students who are unable to visit a participating Australia Post office will need to complete the application form Tax file number - application or enquiry for individuals form (NAT 1432). More information about lodging this form can be found at [ato.gov.au](http://ato.gov.au) by searching for 'QC22604'

The ATO will continue working with teachers to educate students about tax and superannuation. The curriculum resource Tax, Super & You is a free, easy to use, online educational resource aligned to the school curriculum of each state and territory. This resource can be accessed at [taxsuperandyou.gov.au](http://taxsuperandyou.gov.au)

In the meantime if you require any further information you can phone 1300 130 282 between 8:00am and 5:00pm Monday to Friday.

**VOCATIONAL LEARNING &  
CAREER DEVELOPMENT NEWS**

**Year 10 Work Experience 2015 Monday 11 – Friday 15 May**

All students in Year 10 will be undertaking Work Experience Term 2 Week 3. Students were expected to bring back agreement forms by the end of Term 1 and will prepare for work experience by completing a compulsory Workplace Health & Safety, Equal Opportunity and Child Protection program during their Personal Learning Plan lessons. Student feedback tells us that the work experience program is extremely popular and is often reported as the highlight of Year 10. Prior to work experience you and your child will receive an information pack including a copy of the agreement form and work experience guidelines. Your child will also receive an information pack to give to the employer on commencement of the placement. Thank you to all parents and caregivers for their support of the program and please contact your child's Personal Learning Plan teacher if you have any questions regarding the program and processes.

**School-based VET (Vocational Education & Training)**

In the majority of cases school-based VET programs, including internal, cross-campus, NEVO, TAFE and those at other training organisations commence at the start of the school year. However, some training organisations provide certificate courses during the year that may be of interest to our students. Please contact the school prior to the April school holidays if your child is interested in undertaking one of the following programs:

**Certificate III Fitness**

- Tuesdays 1 – 3pm (Term 2 – 4)
- Kildare College
- Cost: \$1600 (Student contribution 30%)

**Certificate II Food Processing – Café Barista**

- Thursdays all day (Semester 2)
- GGHS (Catering Kitchen)
- Cost: approx. \$100 (TBC) for consumables

Student interested in school-based training or apprenticeships including programs such as Hospitality, Aged Care, Stonemasonry, Automotive, Hairdressing, Business and Tiling please arrange a meeting with Ms Koehler.

Students interested in transitioning into fulltime training/VET pathways are encouraged to meet with Ms Koehler to discuss mid-year entry options at training organisations including TAFESA.

**University of Adelaide – Parent Newsletter**

The University of Adelaide will be releasing a regular newsletter which will be a useful resource for parents and guardians of Year 11 and 12 students. Please see the follow link to access further information: <http://www.adelaide.edu.au/study/parents/>

Angela Koehler  
Vocational Learning



## **INTERNATIONAL WOMENS BREAKFAST 6TH MARCH 2015**



Our morning began with an intrusively loud alarm at 4:30am. The both of us, still half asleep, rushed to get ready for our 5am bus. We walked out towards the bus stop and realized it was still dark out. We had risen before the sun.

As we sat on the cold metal seats of the bus stop, we were exuberant for the day ahead. And right then, is when our bus-hopping journey began.

From bus to bus, we finally made it the Convention Centre, only to realise, we were about half an hour early. As time passed, more and more of our fellow feminists flocked in. It reached 6:45am and it was time to go inside and take our seats. We sat down with the kind ladies from our sponsor company, Soroptimist, who paid for our seating and meals. We were given tea, coffee or orange juice and a bowl of fruit and yoghurt.

The host, Senator Penny Wong, introduced herself and started the International Woman's day convention. She spoke about how women are paid 10% to 30% less than men, how 1 in 3 women will experience sexual violence in their lifetimes and also that just 1 in 5 parliamentarians are female.

Susan Carland, a PhD candidate for sociology, then came up and spoke on how Muslim women fight sexism within the Muslim community. She brought to light, that fear of fuelling the stereotype of Muslim woman being oppressed, keeps said women in abusive relationships. She gave genuine insight on what its like to be a Muslim woman.

Many celebrated politicians, public figures, students and supportive citizens, came to support woman that early morning. The turn out was around 2000 people. Makes you wonder, if so many people support equality, why hasn't there been bigger changes?

Casey and I learned a great deal and we give thanks to Soroptimist for sponsoring us. It was a paramount opportunity. We would like to thank Ms Carellas, as she organised for us to go, and also Ms Henderson, for coming all the way out to the city, just to make sure we got in safe.

We are proud to call ourselves women and also Feminists, and we are appreciative, of the supportive and kind people who helped fulfil this opportunity.

Once again a very special thank you to Soroptimist Golden Grove for providing us with this very special opportunity.

Casey Charman and Jamilla Hujale  
Year 10 Students



## **INTERACTIVE WORKSHOP TO ACE YOUR EXAMS YEAR 12 STUDENTS**

**TUESDAY 21ST APRIL, 2015**

The Torrens University Australia is holding an interactive workshop these school holidays where you can hear how to Outstudy, Outsmart and Outwit your exams this year.

Participation is free, but places are limited, to RSVP call 8113 7813 or email Ruth Jaksa at [ruth.jaksa@tua.edu.au](mailto:ruth.jaksa@tua.edu.au).



For more information about GGHS events, please visit the schools calendar on our website at:

[www.goldengrovehs.sa.edu.au](http://www.goldengrovehs.sa.edu.au)

To have notifications sent to your iPhone or Android phone please check the app store or the google play store for the skoolbag app to be downloaded to your handset.



Order your NEW Entertainment™ Book now!

Order your Entertainment™ Books and Entertainment™ Digital Memberships before 1st May 2015 and you'll receive an extra \$160 in Early Bird Offers! (Subject to availability).

Every Membership we sell raises \$13 towards our School! The more Memberships we sell, the more we raise – so please forward this email to your family and friends!

For only \$65, Entertainment™ Memberships are packed with hundreds of up to 50% off and 2-for-1 offers for the best restaurants, cafés, attractions, hotels, accommodation, travel, and much more. so get in early, before they sell out!

CONTACT: Anne Young  
Golden Grove High School  
PH: 82826400  
e: [anne.young549@schools.sa.edu.au](mailto:anne.young549@schools.sa.edu.au)

**THANK YOU FOR YOUR SUPPORT**

## **DATES TO REMEMBER: APRIL 27 - MAY 15**

### **Term 2, Week 1**

Monday 27th April

First Day Term 2

Whole School Assembly in Quadrangle 8.45am

Thursday 30th April

Parent/Teacher Interviews 2.00pm - 7.30pm  
Y8 - 12 Students Dismissed 1.05pm

Friday 1st May

Middle School Assembly 9.00am - 10.25am  
Senior School Assembly 11.35am - 1.05pm  
Junior Touch Football Carnival GGHS Oval

2nd May - 3rd May

Y12 Health Relay for Life

### **Term 2, Week 2**

Monday 4th May

Y9 NAPLAN Assembly 8.50am

Tuesday 5th May

Y9 Boys 5-A-Side Soccer  
Brainstorm Productions Y10 9 - 10.25 DRMC

6th May - 8th May

Y12 OED Kayaking

Thursday 7th May

ANZAC Day Assembly 10.50 Gleeson Oval  
Y8/9 Netball SAS Carnival 1  
Senior Girls Volleyball

Friday 8th May

Rock Climbing Carnival

### **Term 2, Week 3**

11th May - 15th May

Y10 Work Experience

12th May - 14th May

Y9 NAPLAN Tests

Tuesday 12th May

Finance Meeting 6.30pm

13th May - 15th May

Y12 OED Kayaking

Wednesday 13th May

Senior Girls Volleyball  
GG ICT Ref Ctee 6.00pm

Thursday 14th May

Boys Senior Volleyball

Friday 15th May

Y8/9 Girls Netball

### **Term 2, Week 4**

Monday 18th May

Casual Day

Tuesday 19th May

KESAB Excursion

Wednesday 20th May

Y8/9 Girls 5-A-Side Soccer  
Debating Championships 10.00 - 11.45 DRMC

Thursday 21st May

Y9 Health Seminar 11.35 - 3.10  
Senior Boys Basketball